



escape  
spa



SPA RESERVATIONS  
407.734.0789  
FROM SUITE, DIAL EXT. 1529

1ST FLOOR, BUILDING 1,  
NEXT TO ELEMENT LOUNGE & FITNESS CENTER

# SIGNATURE FACIALS

## Express

This refreshing mini-facial includes cleansing, a masque, and moisturizer that is perfect for maintenance in between skin treatments and great for people on the go.

## Vitamin C Infusion

Combines active vitamin C, natural fruit acids, and a wide variety of potent botanical extracts and co-enzymes to brighten skin, noticeably improve tone and texture. Minimize the appearance of fine lines and wrinkles, leaving skin noticeably radiant, hydrated and glowing.

## Age Defying

The age defying treatment with organic products will tackle fine lines and wrinkles that will work naturally with your skin to bring a vibrant, younger appearance.

## Mangosteen Resurfacing

Resurface dull skin, shrink pores, and reveal your inner radiance with our line from Eminence.

## Stone Crop

This treatment reduces pigmentation and lightens the complexion as well as helping to reduce signs of aging and calming sensitive skin.

## Acne Advance

This organic, non-irritating facial offers a more natural approach to acne treatment that delivers a healthier and clearer complexion.

# MANICURES

## Express

Our express manicure includes nail filing, minimum cuticle work, and nail polish.

## Wellness

This manicure incorporates a hand exfoliation treatment with nourishing oils. Hands are soaked and cuticles are enriched. Enjoy a soothing hand and arm massage with a full nail service.

## Signature

Our signature manicure is the ultimate moisturizing therapy for your hands. You will receive a full nail service and relaxing hand and arm massage, followed by a rejuvenating and hydrating paraffin wax treatment.

## Gel Manicure

Long-lasting color application. We shape, buff, and apply the gel polish of your choice, all to perfection. You will finish your service with a hydrating hand and arm massage.

# PEDICURES

## Express

Our express pedicure includes nail filing, minimum cuticle work, and nail polish.

## Wellness

In concert with the Wellness Manicure, this pedicure incorporates a foot exfoliation treatment and a nourishing oil massage for your feet. Your nails will be cut, filed, cleaned, and polished.

## Signature

This luxurious citrus treatment for the feet is the ultimate spa treatment. Your feet will be exfoliated and nourished with our exotic oils and moisturizers. Ending in a rejuvenating and deeply hydrating paraffin wax treatment.

# NAIL ENHANCEMENTS

French Polish | Nail Repair | Nail Art | Paraffin Infusion | Gel Polish Upgrade  
Polish Change | Soak Off Gel | Callus Remover

# MASSAGES

## Express

This relaxing mini-massage focuses on a concentrated area of the body to relieve sore muscles.

## Serenity

Quiet your mind and calm your nerves with this gentle pressure relaxing experience to melt away tension, leaving only comfort and well-being.

## Mindful

Our indulgent signature full-body massage stimulates circulation and soothes tight muscles. Therapists adapt their diverse techniques to your particular needs and preferences.

## Muscle Ease

Your therapist will select an aromatic oil according to your concerns, may they be muscle pain, stress relief, relaxation or balance. The flowing massage works deeper into the tension, encouraging optimum circulation.

## Peaceful Pregnancy

Mothers-to-be are restored to optimum wellness. An intuitive and relaxing massage hydrates skin that is expanding to accommodate a growing baby. *Must be out of 1st trimester.*

## SIGNATURE HIMALAYAN SALT STONE MASSAGE

A full-body massage enhanced with warm Himalayan salt stones help balance the central nervous system, gently detoxifies and replenishes essential minerals for a renewed sense of well-being.

## COUPLES MASSAGE

This relaxing spa setting opens an avenue for couples to find comfort and a safe haven to unwind, sense the valuable presence of one another and enjoy renewal together. Each couples massage comes with a complimentary glass of champagne.

Signature | Mindful | Deep Tissue

# IN-ROOM MASSAGES

Enjoy the relaxing benefits of a full-body massage in the comfort of your own room. Unwind and feel the warmth of aromatherapy massage with hand-poured soy candles. Take in the rich aroma as the magnificent scent fills your room. Please contact the spa to schedule a massage from the options below.

Serenity | Mindful | Muscle Ease

# BODY TREATMENT

## Citrus & Nut Body Polish

Citrus Kombucha wash and almond orange nut scrub with apricot seed, orange oil, oat kernel, and walnut shells combined to gently cleanse and polish skin. Jojoba, shea butter, vitamin E, grape stem cells, green and white tea help to hydrate, tone and nourish, leaving your skin smooth, soft, and even toned.

## Sun Soothing Hydration Wrap

Calm, alleviate and revitalize sun-damaged skin with grape stem cells, spirulina, aloe vera, white tea, pine bark extract, vitamins C and E. A dry brush exfoliation begins the treatment to remove dead skin cells while promoting lymphatic flow throughout the body. Next, grape stem cells, white tea and seaweed body butter are slowly painted for ultimate hydration. A calming scalp massage is given while the body is enveloped for deeper relaxation. An excellent treatment for post-sun, dehydrated and aging skin.

## Island Escape

Pure Fiji® introduces their royal treatment. Indulge all of your senses with this ultimate relaxing island ritual. Organic cane sugar, Fijian honey, coconut milk, and exotic drift nut oils are combined to exfoliate, hydrate, and renew the skin's moisture balance leaving the body with an Island Glow.

# PAMPERING PACKAGES

## Queen Bee

Vitamin C Infusion Facial with Revital Eyes, Signature Manicure, Signature Pedicure and 50 Minute Mindful Massage.

## Li'l Bee

This combo treatment is a full spa experience for our Li'l Bees. Enjoy a manicure and pedicure treatment along with a full hand and foot moisturizing massage.

# MEN'S TREATMENTS

## Gentleman's Hand Treatment

This luxurious treatment exfoliates, nourishes and protects your hands against wear and tear. You will receive a full nail treatment and finish with a hand massage and mask to help hydrate the skin.

## Gentleman's Foot Treatment

This indulgent treatment will leave your feet groomed and relaxed. This pedicure incorporates a foot exfoliation and a relaxing foot massage. Your nails will be cut, filed, cleansed and groomed. Ending your treatment in a hydrating paraffin wax treatment.

## Just for Men Facial

Suited just for the gentlemen, consists of a two-part exfoliation to remove dead skin cells while vitamins, minerals, peptides and botanical extracts improve tone, texture and address irritation associated with shaving, all while combatting the visible signs of aging.

# KID'S TREATMENTS

## Li'l Bee Manicure (10 & under)

A fun, customized experience with the hand and nails being primed to perfection. This Lil Bee treatment will have a full nail service followed by your polish choice.

## Li'l Bee Pedicure (10 & under)

For our youngest spa-goers we awaken and pamper your feet with nails filed, cuticles nourished and a relaxing foot massage. Top off with your favorite polish.

# TREATMENT ADD-INS

Nourishing Nectar Scalp Massage | Revital Eyes | Salt Stone | Foot Scrub

# WAXING SERVICES

Eyebrow | Lip | Chin | Half Arm | Full Arm | Half Leg | Full Leg | Bikini Brazilian | Back | Chest | Underarms

## ASK US ABOUT OUR POOLSIDE SERVICES.

**Spa Reservations:** Advanced reservations are highly recommended and secured by a credit card. Hours may vary by season. To learn more or book your appointment, please call 407.734.0789 today.

**Cancellations:** We will be happy to assist you in rescheduling your appointment. However, if rescheduling your appointment is not an option for you, we strictly adhere to a 24-hour notice for cancellations or changes to appointments made directly to the spa. Failure to comply with this cancellation policy will result in a 100%, non-refundable charge. The spa is not responsible for the cancellation of resort room reservations.

**Spa Arrival:** Please plan to arrive 15 minutes prior to a scheduled treatment time.

**Personal Possessions:** Escape Spa is not responsible for loss or damages to personal possessions such as jewelry, clothing, and/or accessories.